

# How to Wash Your Hands

**Wash your hands before you touch produce!**

#1



Wet your hands.

#2



Grab some soap!

#3



Scrub your palms, your fingers, and the back of your hands thoroughly.

#4



Wash your hands for 20 seconds. Rinse.

#5



Dry your hands with a paper towel.

#6



Turn off the faucet using a paper towel.